

June 2009



To all Judokas,

After Thursday, June 25, the children's and teen's classes will break for summer. We will stop class a few minutes early on the 25th and children are invited to bring snacks or drinks to share.

Regular schedule will resume after Labour Day on Saturday, September 12. Pre-register your child for the fall and take advantage of last year's rates.

Adult classes will remain the same, Tues 8 pm, Thurs 7:30 pm and Sat 12 pm.

From July 11 to August 29 (excluding Aug 1) we will be having "Family Day Judo" on Saturdays from 11 am to 12 pm. Adult judokas can do judo with their children.

Please support our summer martial arts camps by giving the flyer to a friend or school.

Thank you very much and have a great summer.

The Takahashi's