

Takahashi Dojo
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MAIN FLOOR SCHEDULE – Hardwood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00-10:00 KARATE
						10:00-11:00 KARATE Children
						11:00-12:30 KENDO Practice
						1:00-2:15 KENDO Children
		6:00-7:00 KARATE Children		6:00-7:00 KARATE Children	6:00-7:00 KARATE	
	6:30-8:00 KENDO	7:00-8:00 KARATE	6:30-8:00 KENDO	7:00-8:00 KARATE		

UPPER FLOOR SCHEDULE – Tatami

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-10:30 JUDO Competitor Training						
						11:00-12:00 JUDO 6-12yr Youth
11:30-1:00 AIKIDO						12:00-1:30 JUDO Young Adult/ Adult
						***** 1:30-2:00 Randori
		6:00-7:00				
	6:30-8:00 JUDO Basics/Kata	JUDO 6-12yr Youth	6:30-8:00 AIKIDO	6:30-7:30 JUDO 6-12yr Youth	6:30-8:00 AIKIDO	
		7:00-8:00 JUDO Young Adult		7:30-9:00 JUDO Young Adult/ Adult		
		8:00-9:15 JUDO Adult				

Personal Training By Appointment

THE DOJO IS CLOSED ON STATUTORY HOLIDAYS